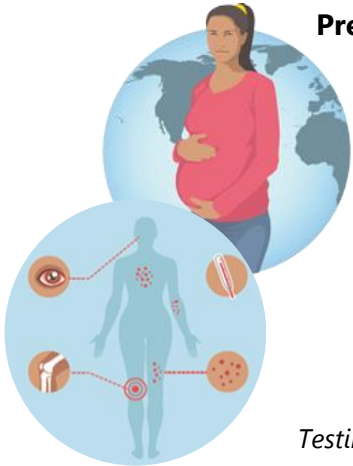


TESTING PREGNANT WOMEN FOR ZIKA VIRUS

If you suspect Zika virus infection, please call and report to Maricopa County Department of Public Health (MCDPH) at **602-506-6767** within 24 hours.

Who should be tested for Zika?



Pregnant women who:

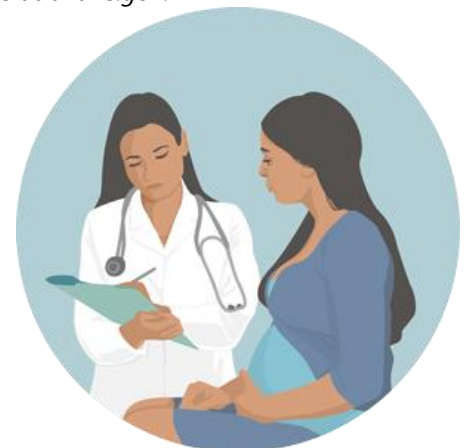
- Traveled to an area with active Zika transmission during the six weeks prior to LMP or at any time during their pregnancy, OR
- Had unprotected sexual contact with a partner who traveled to an area of active Zika transmission or who is suspected to have Zika virus infection, OR
- Have ultrasound findings suggestive of congenital Zika virus syndrome, such as fetal microcephaly or intracranial calcifications, OR
- Have a maculopapular rash plus two of the following symptoms: fever, arthralgia, or conjunctivitis, regardless of travel or sexual history.

Testing guidelines for men and non-pregnant women are available at azdhs.gov.

Which tests should be ordered and when?

- Within 2 weeks from symptom onset or last known exposure date
⇒ Collect urine AND serum for Nucleic Acid Testing.
- Between 2 and 12 weeks from symptom onset or last known exposure date
⇒ Collect serum for IgM testing.

When in doubt, order both tests.



Where should Zika specimens be sent?

- Collect specimens for Zika testing and send to your facility lab.
- Facility lab should work with MCDPH for specimen processing and submission to State Lab.[†]
 - Pair specimens with respective State Lab submission forms provided by MCDPH.
 - Call MCDPH at 602-506-6767 for assistance with laboratory specimens.

[†]All testing must be approved by MCDPH prior to submitting to State Lab

What precautions should pregnant women take?



- Avoid nonessential travel to areas with local Zika transmission.
- Avoid mosquito bites by using insect repellent and by wearing long sleeves and long pants when possible.
- If the partner traveled to a Zika-affected area, use condoms or abstain from sex for the duration of the pregnancy or for six months after travel, whichever is longer.

Who can be contacted for more information about Zika?

Contact MCDPH by calling **602-506-6767** or visit Maricopa.gov/Zika for more information.