

# Welcome

## to the UnitedHealthcare specialty pharmacy program

Appropriate use of specialty medications can be important to maintaining or improving your health — and your quality of life. Our specialty pharmacy program provides the resources and personalized, condition-specific support you need to help you better manage your condition.

### What is a specialty medication?

A specialty medication is used to treat complex, long-term conditions that require additional care and support. It may be injected, inhaled or taken by mouth. In addition, it:

- May require additional education and support for best management
- Has unique storage or shipping requirements
- May not be available at retail pharmacies

### BriovaRx: A specialty pharmacy to meet your needs

BriovaRx®, the OptumRx® specialty pharmacy, offers support to help you manage your condition. Take advantage of personalized patient support — at no charge to you — from knowledgeable pharmacists and nurses who specialize in your condition. In addition, you'll receive:

- Access to your medications at the lowest cost
- Pharmacists available 24/7
- Support through clinical and adherence programs
- Any medication-related supplies at no additional cost
- Proactive refill reminders
- Timely delivery and shipping in confidential, temperature-sensitive packaging



## Specialty Medication Resources



### Customer service

Please call the number on your member ID card for questions about your prescription benefits. Call your Maricopa County dedicated number at **1-800-791-1040** when calling BriovaRx for questions about specialty medications.

### Online at [uhcspecialtyrx.com](https://uhcspecialtyrx.com)

Look up information specific to your medication or condition and find additional resources.

View the back of this letter to learn more. ►





# RxGuide **for specialty medications**

## Guiding your health journey under the pharmacy benefit

We understand the challenge of living with and managing a complex health condition. That's where our specialty pharmacy program comes in, to help you every step of the way.



### Getting started: Transferring your prescription

#### Call BriovaRx to enroll in the specialty pharmacy program

If you haven't done so yet, call us at **1-855-4BRIOVA (1-855-427-4682)** to get started.

#### Access to a pharmacist 24/7

Our specialty pharmacists are available 24/7 and will take care of everything for you, including:

- Transferring your prescription
- Helping you find affordable access to your medication
- Helping you manage any side effects

#### Personalized support

Once you enroll, experience personalized, one-on-one support from pharmacists and nurses specially trained in your condition. They can track your progress, help you follow your treatment and answer your questions.



### Working with your pharmacist or nurse

#### Continued conversations

Tell your pharmacist or nurse about any changes or complications in your therapy, such as:

- Any side effects
- Trouble remembering to take your medication

#### Monitor your health

If you need help with anything else — from weight loss to back pain, or even smoking cessation — your specialty pharmacist or nurse can help you locate wellness coaching and disease management programs to help you stay on track with your health.

#### Follow your care plan

Be sure to follow your care plan and tell your pharmacist or nurse about any new medications you're taking.



### Staying on track with your treatment

#### Quick and easy refills

We make it easy for you to remember to take your medication with a reminder phone call a few days before you need to refill your prescription.

#### Fast, safe delivery

With BriovaRx, shipping your medication is quick, easy and safe. Refrigerated medications will be delivered overnight to the location you choose, in a temperature-controlled package. Others will be shipped within 1-3 days. Supplies will also be provided at no extra cost.

#### Save more time and money

BriovaRx can only fill your specialty medications. Use your home delivery or retail pharmacy for your non-specialty prescriptions. If you're looking to save money on your medications, finding lower cost alternatives and filling your non-specialty prescriptions by mail can help.

